



## Respiratory Virus Protocol

*Approved: March 19, 2024*

**Scenario 1:** Employees with a positive diagnosis and/or symptom of any respiratory virus.

1. You can go back to your normal activities when, for at least 24 hours, both are true:
  - Symptoms are getting better overall, **and**
  - You have not had a fever (and are not using fever-reducing medication).
2. When you go back to normal activities, take added precaution over the next 5 days, including wearing a mask while at work.

**Scenario 2:** You have been exposed (in close contact for more than 15 minutes):

1. Wear a mask at work for 10 days (day zero is the date of your last exposure)
2. Watch for symptoms
3. Test on Day 6
  - If you are positive, follow procedures above
  - If you are negative, continue taking precautions through Day 10.

See CDC for more information.

- <https://www.cdc.gov/respiratory-viruses/prevention/precautions-when-sick.html>
- <https://archive.cdc.gov/#/details?q=https://www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html&start=0&rows=10&url=https://www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html>